



5 Benefits of Floating

- Relieve Physical Pain
- Decrease Anxiety & Depression
- Lower Stress
- Enhance Athletic Performance
- Improve Sleep
- Increase creativity

Why float?

Health & Wellness

People float to relieve stress, recover from injuries, fight addiction, eliminate chronic pain, and much more. Studies indicate that floating increases your dopamine and endorphin levels, boosting your mood and leaving you with a pleasant afterglow that lasts for days afterwards.

Meditation

Float tanks can also be thought of as training wheels for meditation. After about 30-45 minutes of floating, your mind starts producing theta brainwaves, which are responsible for that 'between waking & sleeping' state.

Self Improvement

People have cut strokes off their golf game, developed complex scientific theories, and drafted whole portions of books while floating. With nothing to distract you, your level of concentration and knowledge absorption is astonishing.



FAQ

Do I need to bring anything?

Nope, just yourself. Towels, earplugs, and everything else you need are provided.

How are the tanks kept clean?

The highly sterile salt water is fully filtered three times between each float and is sanitized with Ozone.

What if I'm claustrophobic?

People with claustrophobia consistently report no problems with floating in our float tanks.

Can I drown if I fall asleep?

Nope. Some people fall asleep, but the water is so buoyant you stay afloat. The worst that can happen is getting woken up by a bit of salt water in your eyes.

Can I bring a friend?

Absolutely. You can't float in the same tank together, but we have a total of 2 tanks.

Prices

1.5 Hour Floats \$77

2.5 Hour Late Floats (11pm & 2am) \$77



Come float with us!

Thursday - Sunday 10am - 8pm and by appt.

www.Float18.com

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